

LAURIE EDWARDS, PSY.D.

www.lauriemedwardspsyd.com

(203) 747-5320

EDUCATION

Psychology

California Institute of Integral Studies, San Francisco, CA
Psy.D., Clinical Psychology 2006
M.A. Clinical Psychology 2004

University of California, Davis, CA
M.S. Community Development 1999

University of Dayton, Dayton, OH
B.A. Sociology 1992
Minor in Philosophy

Yoga

Nosara Yoga Institute, Nosara, Costa Rica
500 hour teacher training 2016

Yoga of 12 Step Recovery, New Haven CT
Leadership Certification 2013

Street Yoga Training, New Haven, CT 2012

Anusara Yoga
Immersion Level 1 2011

Integral Yoga Institute, New York, NY
Yoga Based Cognitive Behavioral Therapy
for Anxiety Disorders and Depression 2005

YogaSpirit Studios
200 hour teacher training 2005

LICENSE

Licensed Clinical Psychologist, CT #2795 Since 2007

YOGA TEACHING EXPERIENCE

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| Yoga on Whitney Vinyasa Teacher | 2011-Present |
| Connecticut Mental Health Center Staff Yoga Class | 2011-Present |
| APT Foundation~Yoga Nidra group for substance users | 2012-2015 |
| Yoga Center of Cheshire Beginner Basics Teacher | 2006-2011 |

FACULTY POSITION

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| Clinical Faculty | 2015-Present |
| Assistant Professor | 2009-2015 |
| Clinical Instructor | 2008-2009 |
| Yale University School of Medicine, Department of Psychiatry, Division of Law and Psychiatry | |

CLINICAL EXPERIENCE

Owner, Psychology & Spirit 7/15-present
 1 South Main Street, Suite 3, Branford, CT 06405

Provide psychotherapy including elements of cognitive behavioral, psychodynamic, and humanistic therapy. For clients who are interested in complementary treatments, I am happy to integrate mindfulness, meditation, and yoga into the treatment.

Clinical Faculty, Connecticut Mental Health Center, 2014-Present
 Yale University Department of Psychiatry, 34 Park Street, New Haven, CT 06519

Directors: Peggy Bailey, LCSW and Edwin Renaud, LCSW, PhD.

- Provide individual and group psychotherapy using motivational enhancement, cognitive behavioral, narrative, and trauma centered approaches
- Provide auricular acupuncture designed for individuals in recovery

Supervising Psychologist/Program Coordinator, Forensic Drug Diversion Clinic 2008-2015
Yale University Department of Psychiatry, 1 Long Wharf Drive, New Haven, CT 06511

Directors: Sherry McKee, Ph.D. and Lindsay Oberleitner, Ph.D.

- Conduct biopsychosocial evaluations of individuals with substance abuse and co-occurring disorders referred by the court system
- Provide individual and group psychotherapy using motivational enhancement, cognitive behavioral, narrative, and trauma centered approaches
- Provide auricular acupuncture designed for individuals in recovery
- Complete treatment updates for court personnel
- Provide individual supervision to pre-doctoral psychology interns and post-doctoral fellows
- Provide training for pre-doctoral interns in use of Cognitive Behavioral Therapy (CBT), Motivational Enhancement Therapy (MET), and Substance Abuse Domestic Violence therapy (SADV) for individuals referred by the court for offenses involving substance abuse and domestic violence
- Participated in the development and oversight of the pre-doctoral psychology intern training program and recruitment of interns.

Competency to Stand Trial Evaluator

2008-2014

New Haven Office of Court Evaluations, 34 Park Street, New Haven, CT

- Worked as part of a team (psychologist, psychiatrist, social worker) to conduct competency to stand trial evaluations in jails and prisons statewide
- Contributed to written reports of findings
- Provide court testimony as needed

Hill Health Center Adult Psychiatric Clinic

5/06-2/08

393 Columbus Avenue, New Haven, CT

Supervisors: Cory Bridwell, Psy.D. and Daena Murphy, LCSW

- Completed post-doctoral fellowship and continued as staff psychologist
- Provided individual, family, and group therapy in a community mental health managed care setting
- Received training in administering diagnostic tests for autistic spectrum disorders and developmental delays
- Participated in weekly case conferences

Yale University Substance Abuse Treatment Unit

11/05-2/08

1 Long Wharf Drive, New Haven, CT

Supervisors: Andrea Weinberger, Ph.D. and Wendy Levy, Psy.D.

- Provided protocol driven psychotherapy combining motivational interviewing, cognitive-behavioral therapy, and contingency management to marijuana abusers on probation participating in a clinical research study
- Participated in weekly supervision to assure adherence to the therapy model
- Completed instruments measuring session content and therapeutic alliance

Wheeler Clinic

5/04-4/06

91 Northwest Drive, Plainville, CT

Supervisors: Robert Dell, Psy.D. and Bill Kania, LMFT

- Develop curricula and facilitate therapy groups for adolescents and parents including Dialectical Behavior Therapy and trauma centered groups for sexual abuse victims
- Provide individual and family therapy specializing in trauma treatment
- Collaborate with relevant community agencies regarding placement and custody issues

Pre-doctoral Internship**The Consortium of the Post Traumatic Stress Center and the Clifford Beers Clinic** 9/02-5/04

19 Edwards Street, New Haven, CT

Supervisors: David R. Johnson, Ph.D., Amy L. Sceery, Ph.D., and Hadar Lubin, M.D.

- Provided individual and family therapy for post-traumatic stress disorder, disorders of extreme stress not otherwise specified, dissociative disorders, and other sequelae of severe trauma using a combination of cognitive-behavioral therapy and interpersonal approaches
- Co-facilitated group therapy for multiply traumatized women using the Interactive Psychoeducational Group Therapy model developed and supervised by Dr. Hadar Lubin
- Administered and interpreted various trauma history and symptom instruments
- Provided therapy and case management to children and families experiencing domestic violence

Level II Practicum**Berkeley Mental Health, Family, Youth & Children Outpatient Clinic**

9/01-6/02

1925 Derby Ave, Berkeley, CA

Supervisors: Matthew Mock, Ph.D., Tina Luis-Brown, MFT, and Nancy Ellinger, LCSW

- Provided individual and family therapy to a culturally diverse population of youth, adolescents, and parents presenting with serious emotional disturbance, behavioral problems, family violence, and depression
- Participated in multidisciplinary team-work with staff psychiatrist, psychologist, licensed clinical social workers, and marriage and family therapists

Level I Practicum

Psychological Services Center
1453 Mission Street, San Francisco, CA

9/00-8/02

Supervisor: Douglas Anderson, Ph.D.

- Provided individual therapy to clients presenting with a variety of diagnoses including generalized anxiety, depression, obsessive-compulsive disorder, phobias, and alcohol dependence
- Received weekly supervision and engaged in regularly scheduled educational seminars and case conferences

OTHER EXPERIENCE

California Mental Health Planning Council
Sacramento, CA

10/98-9/01

- Participated in efforts to address the shortage of human resources in the public mental health system
- Analyzed unmet need for public mental health services
- Wrote analyses of bills related to public mental health service

The Farm House
Woodland, CA

8/98-8/99

- Provided support to seriously mentally ill adults in residential treatment programs
- Supervised work therapy projects and facility maintenance

Berkeley Emergency Food & Housing Project, Transitional House
Berkeley, CA

1/97-9/97

- Assisted ten formerly homeless women with mental illnesses in developing life skills
- Planned weekend activities

Spring Lake Ranch
Rutland, VT

10/95-8/96

- Planned and supervised agricultural and other work therapy projects in an alternative community for adults with severe and persistent mental illnesses
- Lived in a house with four clients suffering from schizophrenia and borderline personality disorder and offered counseling as needed
- Helped clients set life goals and develop interpersonal skills
- Provided crisis counseling and intervention
- Assisted clients in obtaining volunteer and paid positions in the community
- Coordinated recreational activities

Lutheran Metropolitan Ministry
Cleveland, OH

5/90-9/90

- Interviewed inmates for participation in home detention program
- Informed local judges of the program's existence and provided them with sentencing guidelines
- Assisted with grant writing
- Helped clients pursue educational and occupational goals
- Monitored client compliance

RESEARCH PROJECTS:

Dissertation Research

Leland van den Daele, Ph.D., Chair
Hadar Lubin, M.D., External Reader

Predictors of Trauma History in Patients with Obsessive-Compulsive Disorder. This research examined whether features of some patients with obsessive compulsive disorder (OCD), such as poor insight, perceptual aberrations, dissociation, and magical thinking are suggestive of a trauma history. SPSS was used to perform a multiple regression analysis, discriminant function analysis, and between group comparisons.

Psy.D. Candidacy Paper

Using Dialectical Behavior Therapy to Treat Eating Disorders. This paper provides an overview of DBT, compares features of Borderline Personality Disorder to those of eating disorders, summarizes research that has been done on using DBT with ED patients, reviews critiques of DBT in general and offers cautions in applying it to ED patients, and examines applicability of DBT for use in state-level programs.

Master's Thesis

Motivational Factors in Implementation of Sustainable Farming Practices. This paper surveyed commercial and hobby farmers and resource conservation district administrators to understand motivating factors as well as barriers to implementing sustainable practices on their farms. It also includes a resource guide.

State of California, Department of Mental Health

Graduate Student Assistant to Ann Arneill-Py, Ph.D.

Wrote chapter on unmet need for public mental health services in the *California Mental Health Master Plan*, a public document that is published on the web and widely distributed to stakeholders. This project involved analyzing state and national prevalence estimates of serious mental illness, examining county populations and usage data, consulting with numerous local administrators and officials, and considering usage rates by different ethnic groups.

Russell Sage College (Troy, New York)

Research Assistant to Lisa Callahan, Ph.D.

Was responsible for independently researching pre- and post-commitment histories of persons found Not Guilty by Reason of Insanity. This involved examining and coding information from psychological evaluations, court records, medical reports, and criminal histories.

VOLUNTEER EXPERIENCE:**United States Peace Corps** (Lesotho, Southern Africa; 5/93-8/95)

- Developed the ability to adapt to new situations quickly and with a sense of humor
- Assisted community in conducting baseline surveys to determine available resources
- Facilitated planning and implementation of garden projects at four primary schools
- Acted as a liaison between local communities, the Ministry of Education, and World Food Program
- Learned the local language through immersion

Saint Joseph's Children's Home (Dayton, OH; 8/88-5/92)

- Tutored elementary school age boys living in a home for abused children with behavior problems
- Assisted in fund raising

PROFESSIONAL ORGANIZATIONS:

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| 2011-present | Psychologists for Social Responsibility |
| 2009-present | American Law-Psychology Society |
| 2008-present | International Association of Yoga Therapists |
| 2008-present | National Acupuncture Detoxification Association, Certified Acupuncture Detoxification Specialist |
| 2008-present | Society for Environmental, Population, and Conservation Psychology |
| 2005-present | Yoga Alliance Certified Instructor |
| 2005-present | Connecticut Psychological Association |
| 2001-present | American Psychological Association |